



'If everything was perfect, you would never learn and you would never grow....'



By Evie Bougourd

SUMMER SHINES

Our Hitz team met with Izzy Millis in preparation for the release of her new album and asked her the questions that you sent us in. Keep in touch with us using the hashtag #askHitz.W

How often do you get recognized in public?

In the last few months I get recognised a few times everywhere I go. It is very exciting and I love meeting my fans. It makes me feel like I have made a difference in people's lives and hopefully make them happy, which is a really good feeling.

What made you decide to pursue a career in music?

Growing up I wasn't one of those people who were good at everything they tried, I didn't really have any hobbies apart from going out with my friends. This was until I found my passion for music. I started in school music lessons then went on to taking singing lessons outside of school. As I got older, around 17, I started singing in pubs around my hometown. I loved performing and watching people sit and listen to my songs, it gave me a buzz when nothing else did. This is when I decided that I wanted to pursue a career in music as it was my passion and the only thing I was really good at.

What advice would you give to a new upcoming artist?

Do not be disheartened by the hate or the people who don't believe in you. Instead work even harder to prove those people wrong. If you find your passion in life is for music you have to work really hard for it, there is also a lot of competition now so making your music unique and stand out will really help your work to be recognized in the music business.

What's your process for dealing with performance anxiety?

To deal with performance anxiety as an artist I take regular breaks in my full time schedule to relax and destress, in order to destress and prepare for a performance I make sure to perfect what I am due to perform and after doing this I take deep breaths, go for a walk and then cut off from my social media in order to calm my nerves before getting on stage.

Are you dating anyone at the moment? Since becoming an artist I've liked to keep my personal life private, including my relationships as I want my audience to know I'm focused on them and my music career. Nowadays the people I do interviews with only focus on my dating life or personal relationships and commitments, when these are not the reasons why I have a platform. I like to just focus on my own life behind closed doors, and away from all the trolls and people who like to gossip.

How do you get inspiration for your song writing?

I get my inspiration for my lyrics from real life experiences. Because I'm more in touch with my music when it's something I have been through myself and can express my emotions through my lyrics. I also think this is a good way to connect better with your fans as they can relate to your words and feelings. I also like my music to be raw and real so that I can express myself into a song without having to speak about it personally.

'music is my passion'

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